

„My wish ist to see more of the world.“

Christin loves to be in motion: travelling, working in the garden, walking her dog. The 31-year-old has been wearing the C-Brace® orthotronic mobility system since April of 2012. “The C-Brace® has changed my life,” she says, simply beaming. Christin is currently planning her next holiday in Egypt. Last year she still had to depend on a conventional orthosis, and sometimes even a wheelchair. The wheelchair now stays at home. She has replaced the old orthosis with the C-Brace®. “I definitely want to do a lot more in Egypt than I did last year, for example go on excursions,” Christin tells us. “Stairs, inclines and uneven surfaces – all of this is far easier with the C-Brace®.” She is even able to get into a rocking boat now. This used to be unthinkable.

“I am a very positive person.”

Christin has slight spasms in her legs and her right leg is paralysed. This is due to complications during a follow-up visit to the hospital in 2007. After two benign tumours were removed from her spinal cord, Christin suffered nerve damage in the lumbar spine area. “I walked into the hospital and I was discharged in a wheelchair,” she tells us. Christin depended on a wheelchair for years. Yet she never lost her zest for life. “I am a positive person and never wanted to curl up crying by myself in a corner.” In the autumn of 2011 she was able to walk independently with a complete leg orthosis after nine months of practice.

Less thought, more confidence in yourself.

The breakthrough came in April of 2012 with the C-Brace® orthotronic mobility system. Christin had already built up her muscle strength with rehabilitation exercises in advance. This made it easy for her to use the C-Brace® from the outset. She was used to it after only two days. “The C-Brace® lets me walk without having to think about every step.” She says she has never fallen down with it. “For me the C-Brace® is almost like a second leg,” Christin says with enthusiasm. “I can do a lot more again.”

By now, Christin has become so independent that she has revoked her care level. “Many people close to me were astounded by that,” she reports. While she cannot



Quality for life

return to her former job as a nurse and carer for the elderly, she is dedicating more time to her hobbies. "The C-Brace® orthotronic mobility system boosts my self-confidence and self-assurance," says Christin, summing up her new situation.

Walking through the woods – over tree roots and down the hill

Christin's hobbies include swimming, drawing, travelling – and talking walks with Lucy, her Jack Russell Terrier. Now Christin can even walk down narrow, uneven trails with Lucy. She can keep her balance on tractor tyre tracks baked in the sun, clamber over roots and hike down Lucy's favourite hill to a brook. "Lucy always had to do that on her own before," Christin says. "She didn't think that was so great," she adds with a laugh.

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